



Capitol Region Volleyball

2021-2022 JO Season Join the fun!

We are the Capital Region Volleyball Club, based out of Concord, New Hampshire. We are dedicated to teaching young athletes the game of Volleyball in a positive and energetic environment. We believe that all sports should be played with integrity, and good sportsmanship. And, when all is said and done all players should have fun.

Junior Olympic Volleyball is a great way to:

- ◆ Build friendships
- ◆ Learn teamwork
- ◆ Gain self-confidence
- ◆ Have fun
- ◆ Learn the fundamentals of Volleyball
- ◆ Learn the finer points of the game of Volleyball

What is Junior Olympic Volleyball?

Girls and boys teams made up of players ranging from 10 years old to 18 years old. The teams are broken down into age groups and player ability levels.

Skill Levels (from the most advanced to beginners)

What to expect:

Tryouts:* Beginning November 7, 2021 at 1:00 pm,
Please visit the calendar on our website for dates and times.

Team building: TBD on a team by team basis

Practices: Saturdays: At HCC for the 14-and-under, 1:30-4:30pm
Sundays: At CCA for the other teams...time slots TBD
...somewhere between 1:00pm and 8:00 pm.
Open teams: Thursday nights at HCC (team practice).
Club Teams: Tuesday nights at HCC (open gym/play).

Team Levels: Open, Club, In-House, Training Academy
In-House and Training Academy do not attend any Tournaments.
In-House practices each week and competes against the other In-House teams.

Tournaments: Weekend:
January 15-17, 2022, Winterfest #2 (16 Open and 18's)
January 22-23, 2022, Winterfest #3 (14's, 15's and 16's Club)
February 19-21, 2022, Spikefest (All teams)
February 25-27, 2022, Boston #1 (14's and 15's)
March 4-6, 2022, Boston #2 (16's and 18's)

Single Day:
February 13, March 13, March 27, April 10, May 1

For more information, and to register, visit our website at:
www.capitalregionvolleyball.com

**November 7, 2021
through
May 1, 2022**

**Tryouts and
Practices at
Concord Christian
Academy,
37 Regional Drive
Concord, NH
Health club of
Concord
10 Garvins Falls Rd.
Concord, NH**

**Age levels:
18-and-under
16-and-under
15-and-under
14-and-under
12-and-under**

**Cost: It depends on
when you sign up**

Early-bird discount dead-
line: Sunday Oct 24

CRVBC is a member of USA Volleyball



CRVBC is GoldMedalSquared
certified